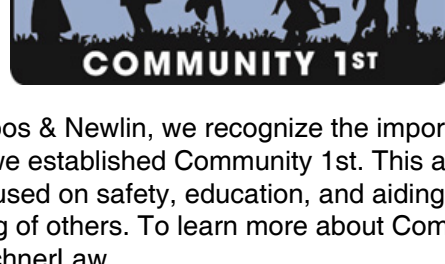




FSTN News

#FSTNGivesBack



At Fleschner, Stark, Tanoos & Newlin, we recognize the importance of giving back to our community. That is why we established Community 1st. This all-encompassing charitable program is focused on safety, education, and aiding organizations committed to improving the wellbeing of others. To learn more about Community 1st, visit www.facebook.com/FleschnerLaw

The Gift of Time



When I was younger, I was always excited for New Year's Eve, as it was the one day that I could stay up until midnight and watch the ball drop. My family would typically have a get-together where we would play games and watch TV until midnight. This would eventually lead to the ball dropping at midnight and my ending up in bed sometime afterward. I saw a quote as I was preparing this article that said, "Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to." Now, I'm not sure if it was because I'm getting older or that I simply wanted 2020 to end, this year I was in bed by 10 o'clock. As I reflect on the past year and the beginning of the new, I can't help but consider what I have gained but also what I have lost.

As we all look into the new year, we are looking at a block of time. We see 12 months, 52 weeks, 365 days, 8,760 hours, 525,600 minutes, or 31,536,000 seconds. All this time is a gift. It's a gift that is shared among everyone, equally. Rich and poor, educated and not educated, strong and weak, every man, woman and child have the same 24 hours every day. What matters is how we use that time. As an attorney, I have struggled with the balance of time at home and time at work. There is always a brief or pleading that needs to be filed, a client that needs to be followed up on, or something that needs to be done on a case; however, that cannot take away the time that I spend with my family or loved ones. You cannot stop time. No matter how many of us want to relive our high school or college days, there is no way to slow it down, turn it off or adjust it in any way. Time marches on, as the song goes.

That means you cannot bring back time. Once the 24 hours that each of us is given is gone, it is gone. Yesterday is lost forever. I think this year especially I have learned that time is one of our most precious possessions. It is worth more than any house, car, or new PlayStation Five that any of us could have. Each of us determines how we get to use that 24 hours we have each day. When I look back on life when I'm older, I want to be able to say that some of my most precious memories are watching my niece play basketball or going to my cousin's college wrestling meet. When I am older, I can guarantee you that I will remember going to see my niece cheer at a game rather than a filing on some random case.

So, as we begin the new year, I encourage all of you to reflect on the 24 hours that is given to us each day. I encourage all of you to use that time to call a friend or to have lunch with your mom. If you're working on your New Year's resolutions, try something new. Take that leap to do something that will make you happy. Reflect on what is important to you and use each hour to enjoy life. As we continue to navigate these uncertain times, I continue to hope and pray that all of you stay safe and healthy. From all of us here at Fleschner, Stark, Tanoos & Newlin, we wish you a very happy New Year.

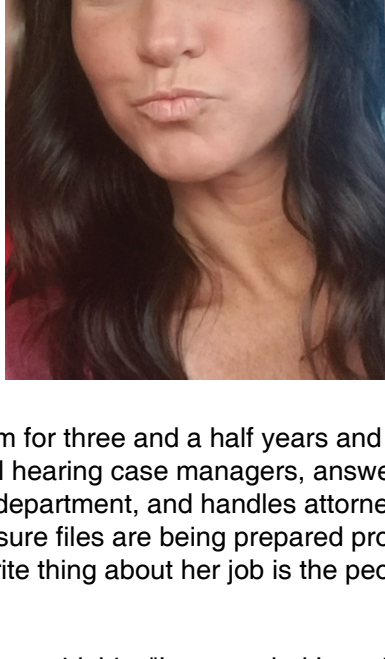


FSTN 2020 Employees of the Year, TC Newlin & Stacy Large!



TC Newlin and Stacy Large were our FSTN Employee of the Month back in May of 2020. When we asked all our staff to vote for Employee of the Year from all the staff in 2020, TC & Stacy won! TC is a social security disability attorney, as well as our Human Resources Manager and Stacy is the CEO of our Social Security Department. When the COVID-19 Pandemic hit in early 2020, TC & Stacy were instrumental in transitioning our staff to remote positions. Because of them, we have been able to keep our jobs and work from home, we have helped MANY clients with their remote hearings, and kept our staff safe and healthy!

Congratulations to Our January Employee of the Month, Ronna Duling!



Ronna has been with our firm for three and a half years and is an Assistant Department Manager. She supervises all hearing case managers, answers questions, trains new employees coming into her department, and handles attorney requests. She also completes file reviews to ensure files are being prepared properly to provide our clients with the best care. Her favorite thing about her job is the people she works with and helping clients.

People who nominated Ronna said this, "I am so glad I can include her on messages, because I know with certainty that she will ALWAYS follow up on things - and cheerfully!"

Here are some fun questions Ronna answered:

1. **If you could pick a superpower, what would you choose?** To be able to time travel.
2. **What technology or invention would you love to see in your lifetime?** Cure for all cancers.
3. **Do you have any strange phobias?** Being in small areas, I am very claustrophobic.
4. **If you were stuck on an island what three things would you bring?** Coffee, leggings, and a journal.
5. **Imagine you could step in a teleport for a day and go to any place and time in history. Where and when would you travel to?** Anytime in the 70's.

Does My Family Have a Legal Case If My Relative Dies of a Heart Attack?



Sadly, about 300,000-400,000 people a year die in the United States due to heart failure. When the heart stops beating, this is called "sudden cardiac arrest". Some people call this a "heart attack" (although the term "sudden cardiac arrest" is the correct term).

However, many of these deaths can be prevented with the timely use of CPR and the application of a very of modern device called an "Automated External Defibrillator" (an AED). The failure of a business or other public venue to buy, maintain, or find an AED to save a life can lead to a valid lawsuit against that business.

An AED, when used within 3-4 minutes, to "shock" a person's heart back into rhythm, can be as much as 90 percent effective in saving a life.

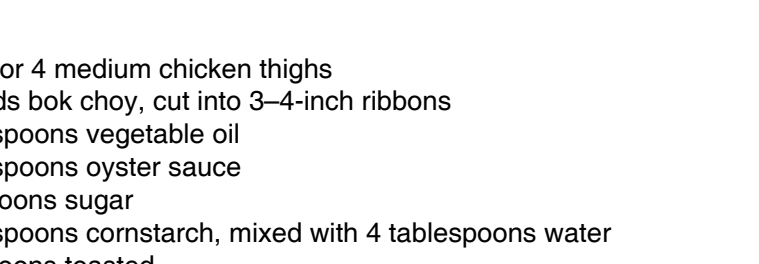
Most states require AEDs in certain places such as gyms, schools, stadiums, or other public venues. In addition, an AED must be regularly checked to see that the battery is not dead and that the machine is properly working. Furthermore, a program must be established so that the employees at the venue know where the AED is, and how to find it and use it properly.

When any of the above responsibilities are not met, a legal case against the gym, school, or other public venue may exist. If you know someone who died at a public venue from sudden cardiac arrest, have the family call our office. We are affiliated with a law firm that can investigate the case for no charge to see if some financial justice can be obtained for the family members.

For more information, call our office at (812) 231-5128, so we can direct you to a law firm that specializes in this area of law.

Recipe of the Month

Chicken Chop Suey



- Ingredients**
- 2 large or 4 medium chicken thighs
 - 3 cups bok choy, cut into 3-4-inch ribbons
 - 4 tablespoons vegetable oil
 - 3 tablespoons oyster sauce
 - 2 teaspoons sugar
 - 2 tablespoons cornstarch, mixed with 4 tablespoons water
 - 2 teaspoons toasted sesame oil
 - Salt and pepper, to taste
- Directions**
1. In large pot, boil three cups of water. Add chicken and reduce to simmer, cooking for 30 minutes. Remove chicken and let cool. Once cooled, remove skin and bones, chop, and set aside. Reserve the cooking liquid.
 2. In a large skillet over high heat, heat vegetable oil. Once shimmering, add bok choy and cook for 1 minute, stirring throughout. Add half of reserved cooking liquid, cover skillet, and cook for 2 minutes. Remove cover and cook for an additional 5 minutes. Transfer bok choy to a plate.
 3. Add remaining cooking liquid and chicken to the pan, maintaining high heat. Heat chicken, then add oyster sauce, sugar, cornstarch-and-water mixture, sesame oil, and bok choy. Season to taste, toss together, and serve over rice.

Inspired by The New York Times

Check Out Our Website!

Click on the following link to easily access the Fleschner, Stark, Tanoos & Newlin website. We have a lot of important information on our website, including active Mass Tort Claims we are handling, updates at our law firm, blogs, Attorney bios, and much more. The main page is also where you will find a link (green box) in the top left corner to quickly and easily access your FSTN Client Portal. Have you joined the Portal yet? Ask your Case Manager how you can join today!

www.FleschnerLaw.com

Real Client Reviews

"After I had been told no by every other SSI lawyer out there then I listened to Fletcher, Stark, Tanoos & Newland. They made me no promises, yet they were willing to fight for my circumstances and take on my case. Several months later of being turned down twice, issues getting my medical records and having a court hearing during the pandemic they won my case. They walked through everything, answered every question, and made me feel like I was the only person they had. I would highly recommend them to anyone that has an SSI case and needs assistance."

-Norma B.

"I will be the first to admit, it is a lengthy process. But they were the most professional law firm I have dealt with. Always kept me informed. And best of all they got me a favorable decision. Will be recommending them to others that are in need of their service. Thanks guys you are the best."

-Frederick S.

Case Types We Handle

- Did You Know We Handle All of These Types of Cases?
- Family Law
 - Medical malpractice
 - Bicycle crashes
 - Wrongful death
 - Car accidents
 - Social Security disability
 - Pedestrian injuries
 - Real Estate Law
 - Slips, trips, and falls
 - Wills & Estate Planning
 - Brain injuries
- Whether you were injured in a car crash or disabled due to a medical condition, you deserve experienced attorneys fighting for you. At Fleschner, Stark, Tanoos & Newlin, our firm's success depends on getting results for you. Contact us at 1-800-618-4878 or www.fleschnerlaw.com.

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