



**Experience You Can Count On.
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WIN with FSTN

Newsletter

September 2021

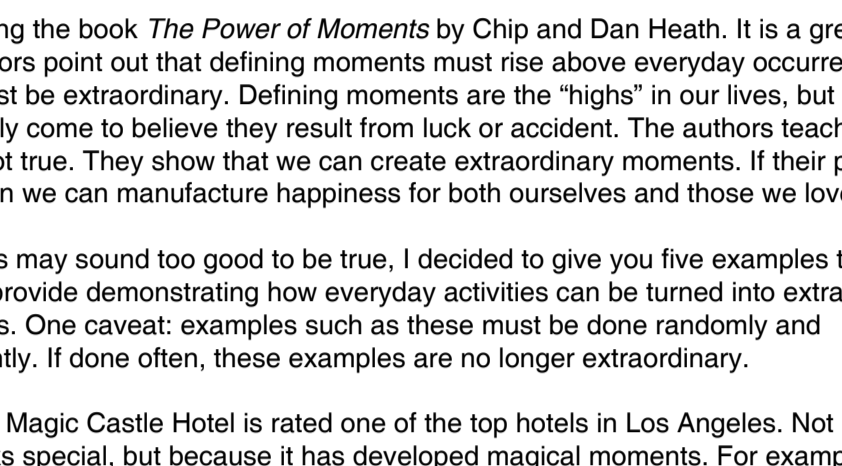
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At Fleschner, Stark, Tanoos & Newlin, we offer the convenience of a local lawyer with the experience, resources, and reputation of a large national law firm. For more than 40 years, we've helped people just like you get through some of the toughest times of their lives.

Whether our attorneys are helping people across the United States get their Social Security Disability (SSD) benefits, or we're protecting the rights of Indiana and Illinois motor vehicle accident victims here at home, we pride ourselves on being a trusted law firm our clients can depend on. From using every resource available to build strong cases, to encouraging open communication with our clients, we want to be more than just your law firm—we want to help you move forward with your life.

How to Create Extraordinary Moments for Yourself and Those You Love



Have you considered what it takes for an activity to become one of the most memorable experiences of your life? Think about it, and you will realize our lives are measured moment by moment, but only defining moments endure and are cherished years later. What is a defining moment? We all have them. They are experiences that stand out and remain in our memory.

I'm reading the book *The Power of Moments* by Chip and Dan Heath. It is a great read. The authors point out that defining moments must rise above everyday occurrences. They must be extraordinary. Defining moments are the "highs" in our lives, but we have mistakenly come to believe they result from luck or accident. The authors teach that is simply not true. They show that we can create extraordinary moments. If their premise is valid, then we can manufacture happiness for both ourselves and those we love.

Since this may sound too good to be true, I decided to give you five examples the authors provide demonstrating how everyday activities can be turned into extraordinary memories. One caveat: examples such as these must be done randomly and infrequently. If done often, these examples are no longer extraordinary.

1. The Magic Castle Hotel is rated one of the top hotels in Los Angeles. Not because it looks special, but because it has developed magical moments. For example, if a child requests a Popsicle, it is delivered on a silver tray by the Popsicle Hotline staffer, wearing white gloves. Try this to impress your kids or grandchildren.
2. Two teachers watching ESPN decided to emulate National Signing Day for high school football players in an academic manner. They developed a Senior Signing Day, so graduating seniors would receive the same adulation as college athletes. At a community center seniors took the stage announcing where they would be going to college. They would reveal the t-shirts or pennants of their chosen schools. After each announcement, the room would erupt with cheers.
3. The authors suggest anyone can create defining experiences for others by celebrating milestones. Not just ordinary milestones, like birthdays, but extraordinary events, like a student's 50th book read, or a teacher for his or her 1,000th student taught. The possibility of milestones is only limited by one's imagination.
4. The authors tell how something as simple as a "gratitude visit" can have a profound effect and create an extraordinary memory. They suggest you close your eyes and think of someone who did something or said something that changed your life for the better that you never properly thanked. Write a letter of gratitude and deliver it in person, if possible. Taking this action can be an extraordinary moment for both parties.
5. Realize love and the giving of one's time can turn ordinary events into extraordinary memories. Keep a journal and review it periodically. My wife recently found one of my mom's journals that is almost 35 years old. We were astounded to read all the little extra things my mom did to make our lives special and to provide her grandchildren with joyful, extraordinary defining moments.

I hope these examples show we don't have to allow the extraordinary defining moments in our lives to be solely the result of accident or luck. There is no reason to leave our most memorable moment to chance when we can create them. Read the book. It can change your life and help you create extraordinary moments for those you love.

- Steve Fleschner

FSTN Gives Back

Each week, Tom Newlin chooses a different topic and sends out daily messages to our staff about that topic. This week Tom is talking about charity and how it aligns with our Core Values at the law firm. First, he gave the following definitions about Charity:

- "Generosity and helpfulness especially toward the needy or suffering"
- "Benevolent goodwill toward or love of humanity"
- "A gift of public benevolent purposes"
- "Lenient judgment of others"

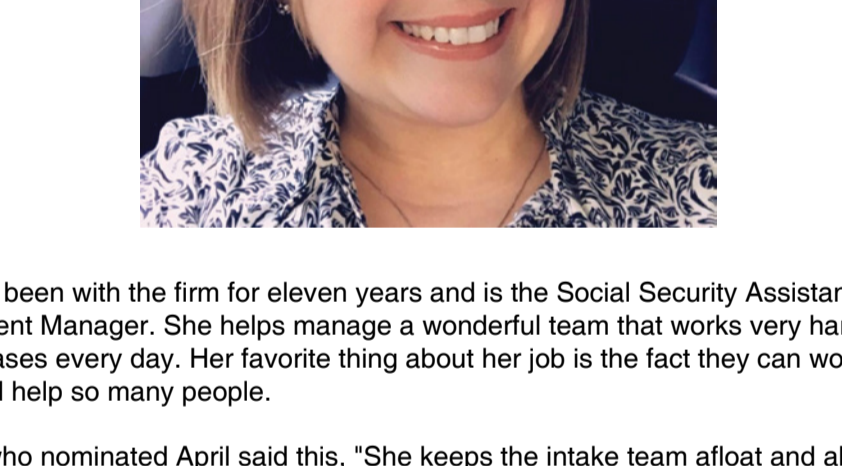
Next, he wanted to share the following quotes about charity:

- "No one is useless in this world who lightens the burdens of another"
Author unknown
- "Those who are happiest are those who do the most for others"
Booker T Washington
- "Never worry about numbers. Help one person at a time and always start with the person nearest you"
Mother Teresa

And finally, he talked about all the charities that FSTN has been involved with over the years. There are probably more to be added, but we are very proud of this list and hope it will inspire you to help people when you can and always do what is right.

- Wabash Valley Health Center
- MADD Indiana
- FSTN Blessing Box
- Salvation Army
- House of Hope
- Safe & Sober
- Drop the Distraction
- Travis J. Smith, Outstanding Jr. Golfer of the Wabash Valley
- FSTN Photos with Santa
- FSTN Back to School Supplies
- Teen Court
- FSTN Thanksgiving Baskets
- P.I.N.K. of Terre Haute
- Versiti Blood Center of Indiana
- Reach Services
- Relay for Life
- 14th & Chestnut
- Special Olympics
- Will Center Ramp Build
- March of Dimes
- Catholic Charities - soup bowl, canned food drive
- Humane Society
- Race for the Cure
- Christmas charity- gifts for Littles
- Big Brother Big Sister
- United Way
- March against Hunger

Stop Taking Your Air for Granted



Fall is just around the corner, but before we start getting ready for the holiday season, maybe it's time to start thinking about something we all take for granted: the quality of our air. Improved air circulation and air quality was a key tool in minimizing the spread of COVID-19 and remains a powerful health tool. Whether you live in a polluted urban area, worry about smoke from cooking or candle-lighting, or feel vulnerable to allergens and pollutants found in older homes, here's information to help you protect your health with clean air.

5 Reasons Why You Should Care About Air Pollution

If you've ever experienced heavy smoke or ash in your area, then you know polluted air doesn't just affect you and your family — it's a community and global health emergency. Even when there's no ominous cloud or fog around you, poor air quality can still cause respiratory illnesses, asthma, heart disease, and other life-changing health problems.

21 Easy Ways to Improve Indoor Air Quality

Did you know cooking a single meal with a gas stove could release unsafe levels of nitrogen dioxide levels into your home? It's easy to forget to consider your air quality or how often your A/C filters need to be replaced or washed, but if you set a reminder and pick up a few of these healthy tips, you'll never forget or worry again!

How To Improve Ventilation at Home

During COVID-19, the Centers for Disease Control and Prevention (CDC) published a super helpful article on the topic of improving home ventilation. Not every home, especially older homes, has a great design in place for ventilating air. If you're not sure how to increase air flow, try these great simple methods.

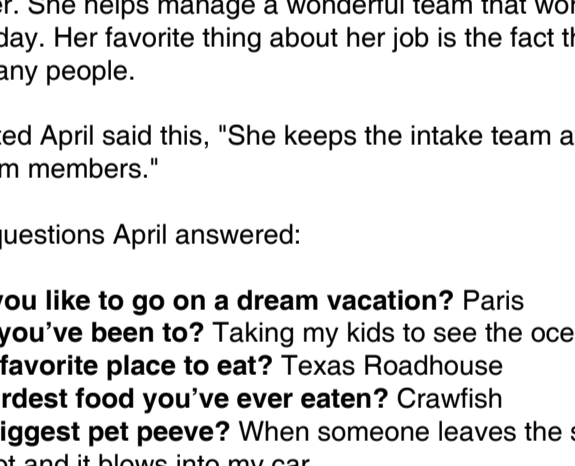
Just For Fun: What's The Best Air Purifier?

Canadian Broadcasting Corporation reporters met with various experts to explore the best air purifiers on the market — you may be shocked by what they found, including how a homemade \$70 air purifier outperforms a popular \$800 brand model.

We hope these resources help you and your loved ones breathe a little easier. Best of luck!

Employee of the Month

**Congratulations to our August Employee of the Month
April Atkinson!**



April has been with the firm for eleven years and is the Social Security Assistant Intake Department Manager. She helps manage a wonderful team that works very hard to bring in new cases every day. Her favorite thing about her job is the fact they can work as a team and help so many people.

People who nominated April said this, "She keeps the intake team afloat and always is there to help the team members."

Here are some fun questions April answered:

1. **Where would you like to go on a dream vacation?** Paris
2. **Best vacation you've been to?** Taking my kids to see the ocean for the first time.
3. **Where is your favorite place to eat?** Texas Roadhouse
4. **What's the weirdest food you've ever eaten?** Crawfish
5. **What is your biggest pet peeve?** When someone leaves the shopping cart sitting in the parking lot and it blows into my car.
6. **What is the first thing you would buy if you won the lottery?** Big piece of land and a farmhouse.
7. **What's one item you want to own that you don't?** Mini Cows
8. **When you were a kid, what did you want to be when you grow up?** Doctor
9. **What's one hobby you'd love to get into?** Refinishing furniture.

**Recipe of the Month
Stephanie's Chewy Chocolate Cookie**



Ingredients:

- 1 1/2 C. butter, softened
- 2 C. sugar
- 2 eggs
- 1 Tbsp. vanilla
- 2 C. unsifted all-purpose flour
- 3/4 C. cocoa
- 1 tsp. baking soda
- 1/2 tsp. salt
- 1 C. finely chopped nuts, if desired, or 12 oz. package chocolate or white chocolate chips

Directions:

Cream butter and sugar in large mixing bowl. Add eggs and vanilla. Blend well. Combine flour, cocoa, baking soda, and salt. Blend into creamed mixture. Stir in nuts/chips, if desired. Drop by teaspoonful onto ungreased cookie sheet. Bake at 350° for 8-10 minutes. (Do not overbake. Cookies will be soft. They will puff during baking and flatten upon cooling.) Cool on cookie sheet until set—about one minute. Remove to wire rack to cool completely. Makes about 4 1/2 dozen

Check Out Our Website!

Click on the following link to easily access the Fleschner, Stark, Tanoos & Newlin website. We have a lot of important information on our website, including active Mass Tort Claims we are handling, updates at our law firm, blogs, Attorney bios, and much more. The main page is also where you will find a link (green box) in the top left corner to quickly and easily access your FSTN Client Portal. Have you joined the Portal yet? Ask your Case Manager how you can join today!

www.FleschnerLaw.com

Real Client Reviews

"I will definitely refer your services to other friends and family this was my first time dealing with lawyers and I am satisfied with your services although I could not help but feel I was being ripped off at times, but it all worked out in the end thank you and may God bless you" says GRETELYNN on Google

"They are really invested and will help you in any way. I spoke with Ashley, and she's very kind spoken and helps with keeping my case updated. Thank you for taking me on as a client and helping me." says Lindsay on Google

"Very professional they are there for you when you need them. I was approved in Very short time I do recommend them." says Jesefa on Google

Case Types We Handle

Did You Know We Handle All of These Types of Cases?

- Bicycle crashes
- Car accidents
- Pedestrian injuries
- Slips, trips, and falls
- Brain injuries
- Medical malpractice
- Wrongful death
- Social Security disability
- Family law
- Real Estate Law
- Wills & Estate Planning

Whether you were injured in a car crash or disabled due to Fleschner, Stark, Tanoos & Newlin, our firm's success depends on getting results for you. Contact us at 1-800-618-4878 or www.fleschnerlaw.com.

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